

Interim Year I Sessions Log

Use this log to document at least 40 of the sessions you do between your 1st and 2nd semesters. Optimally, this should be completed 1 month before the first day of Semester 2. In a semester with a modular schedule, certain quantities of sessions are to be completed at earlier dates as specified in your inter-module assignments. Be prepared to present this sheet to the Training program periodically for review – including on the first day of each module – and to turn it in the first day of the Semester 2.

Date: ____/____/_____

Name: _____

Item	Date	Lesson #	Hours	Signature (client / participant)
Session 1				
Session 2				
Session 3				
Session 4				
Session 5				
Session 6				
Session 7				
Session 8				
Session 9				
Session 10				
Session 11				
Session 12				
Session 13				
Session 14				
Session 15				
Session 16				
Session 17				
Session 18				
Session 19				
Session 20				
Session 21				
Session 22				
Session 23				
Session 24				
Session 25				
Session 26				
Session 27				
Session 28				
Session 29				
Session 30				
Session 31				
Session 32				

Session 33				
Session 34				
Session 35				
Session 36				
Session 37				
Session 38				
Session 39				
Session 40				

Workshop Documentation

Document at least one Somatic exploration class or workshop here. Optimally, this should be completed 1 month before the first day of Semester 2.

Workshop Title/Topic Comments (if any)	Date(s)	Hours	Size	Your Signature